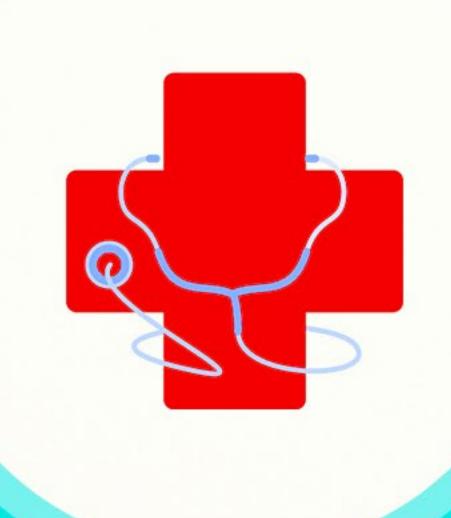
# Health Check-up Packages



www.jeevanjyotihospital.com

Take the First Step Towards a Healthy Future



# PRESERVE WELLNESS PREVENTILLNESS

We offer the best healthcare packages for you and your family

CALL

1800 - 1235460



Most people tend to take good health for granted. But you may never even know when your current lifestyle may adversely affect your health in the future. Constant stress, irregular food habits and lack of exercise can be the main culprits.

It is a fact that almost every major ailment first manifests itself as minor symptoms, which are often not noticed and hence, neglected. A proper preventive health check-up.

At Jeevan Jyoti Hospital, we continue to emphasize the age-old adage that 'Prevention is better than Cure'.

Health Checks are a set of comprehensive and reliable Preventive Healthcare Packages, designed keeping in mind the varied requirements of all the members of your family.

Regular health checks ensure that you enjoy the benefits of uninterrupted good health over a long period of times.

#### **Basic Health Check**

Rs/ 2940

- Complete Haemogram (CBC)
- Blood GR and Rh
- Blood Urea, Serum Creatinine
- Serum Bilirubin, SGPT
- Urine Routine & Microscopic
- RBS
- Chest X Ray
- ECG
- Ultrasound Abdomen
- Consultation with Physician

#### **Basic Heart Check**

Rs/ 3580

- Complete Haemogram (CBC)
- Blood GR and Rh
- FBS PPBS
- Lipid profile:
  - Serum Cholesterol
     Serum HDL Cholesterol
  - Serum LDL Cholesterol
     Serum Triglycerides
  - Serum VLDL Cholesterol
- ECG, TMT Chest X Ray
- Consultation with Cardiologist
- Consultation with Dietician

#### Master Health Check

Rs/ 7300

# Test conducted under Master Health Check:

#### COMPLETE HAEMOGRAM: (CBC)

#### **BIOCHEMICAL PARAMETERS:**

Blood Sugar (Fasting and Post Prandial), Serum Uric Acid, Serum Calcium, Serum Phosphorus, Lipid Profile (Total Cholestrol, HDL, LDL, Triglycerides, Ratio of Cholestrol/HDL)

#### **KIDNEY ASSESSMENT:**

BUN, Serum Creatinine, Complete Urine Analysis

#### LIVER FUNCTION TEST:

Total Protein, Albumin, Globulin, A:G Ratio, SGPT, Alkaline Phosphatase, SGOT, Serum Bilirubin (Total and Direct)

#### OTHER TESTS:

- Blood Group and Rh Typing Stool examination
- X-ray Chest ECG Ultrasound of the whole abdomen Clinical examination, Medical summary and advice by senior consultant-Internal Medicine Genital/ Rectal examination by a General Surgeon (for men) Pap smear (for women) Gynaecologist Consultation (for women)

#### Well Women Check

Rs/ 8420

#### COMPLETE HAEMOGRAM (CBC)

#### **BIOCHEMICAL PARAMETERS:**

Blood Sugar (Fasting and Post Prandial), Serum Uric Acid, Serum Calcium, Serum Phosphorus, Lipid Profile (Total Cholestrol, HDL, LDL, Triglycerides, Ratio of Cholestrol/HDL)

#### **KIDNEY ASSESSMENT:**

BUN, Serum Creatinine, Complete Urine Analysis, 24 hrs.

Urine Protein Test.

#### LIVER FUNCTION TEST:

Total Protein, Albumin, Globulin, A/G Ratio, SGPT, Alkaline Phosphatase, SGOT, Serum Bilirubin (Total and Direct)

#### OTHER TESTS

Blood group & Rh-typing

- Ultrasound Pelvis
- Breast Examination
- Pap Smear
- Mammography/Breast Ultrasound
- X-ray Chest
- Stool (Routine Examination)
- ECG
- Consultation with Gynaecologist
- Family Planning Advice

### HEALTH AND LIFESTYLE ASSESSMENT AND COUNSELLING

- Nutrition and Diet
- Stress Management
- Exercise and Fitness

#### Senior Citizen Health Check

Rs/ 5620

#### COMPLETE HAEMOGRAM: (CBC)

#### **BIOCHEMICAL PARAMETERS:**

- Blood Sugar (Fasting and Post Prandial)
- Uric Acid, RA factor & CRP
- Serum Calcium and Phosphorus
- Lipid Profile (Total Cholestrol, HDL, LDL, Triglycerides, Ratio of Cholestrol/HDL)

#### **KIDNEY ASSESSMENT:**

BUN, Serum Creatinine, Creatinine Clearance Test, Urine Analysis, 24 hrs. Urine Protein Test.

#### LIVER FUNCTION TEST:

- Total Protein, Albumin, Globulin, A/G Ratio, SGPT, Alkaline Phosphatase, SGOT, Serum Bilirubin (Total and Direct)
- Blood GR and Rh
- ECG
- Thyroid Profile: T3, T4, TSH
- PSA (for Men)
- Chest X ray
- Consultation with Dietician

Optional: Immunization against Pneumonia



#### **Child Health Check**

Rs. 3920/

#### Test conducted under Child Health Check:

- Complete Haemogram (CBC)
- Blood group & Rh-type
- Serum Creatinine
- HBsAg
- Ca+, CRP, ASLO, RA
- Urine Analysis
- Stool Examination
- Montoux Test
- Eye examination
- Clinical Examination
- Hearing Test
- Dental examination
- Medical summary & advice by Pediatrician
- Routine ear/nose/throat (ENT) checkup

#### Other Tests

- TMT
- Stress Test
- Mammography
- K.F.T.
- R.F.T.
- Harmonal Test
- Culture (blood & urine)
- Biopsy
- FNAC
- Elergy Test

#### Rs. 5720/

- Bactech Culture
- Uroflowmetry
- Color Doppler
- 3D & 4D Ultrasound
- Dental Examination
- 3D-X-Ray
- (for structural change in joint)
- CI
- MRI

#### Cancer Check

(For Men) - Rs. 5720/ (For Women) - Rs. 7270/

#### Tests conducted under Cancer Check:

Complete Haemogram: (CBC)

#### **Biochemical Parameters:**

Blood Sugar (Fasting and Post Prandial), Uric Acid, Serum Calcium and Phosphorus

Lipid Profile (Total Cholestrol, HDL, LDL, Triglycerides, Ratio of Cholestrol/HDL)

#### Kidney Assessment:

BUN, Serum Creatinine, Complete Urine Analysis. 24 hrs. Urine Protein Test

#### Liver Function Test:

Total Protein, Albumin, Globulin, A:G Ratio, SGPT, Alkaline Phosphatase, SGOT, S.Bilirubin

#### Other Tests:

X-Ray Chest, Stool for Occult Blood, Pap Smear (for women), PSA (for men), Mammography (for women), Ultrasound of the Whole Abdomen,

Clinical examination, Medical summary and advice by Oncologist

Consultation with Dietitian

#### **Obesity Profile**

Rs. 4680/

#### INVESTIGATIONS

- Complete Haemogram (CBC)
- Lipid profile (total cholesterol, HDL, LDL, VLDL, Triglycerides)
- Fasting blood sugar & PP blood sugar
- Thyroid profile
- Liver Function Test: Total Protein, Albumin, Globulin, A:G Ratio, SGPT, Alkaline Phosphatase, SGOT, Serum Bilirubin (Total and Direct)
- Total Protein
- Serum Calcium
- Serum Phosphorus
- BUN, Serum Creatinine
- Ultrasound whole abdomen
- ECG
- Consultation with Dietician



## JEEVAN JYOTI HOSPITAL

Multi Speciality Hospital & Infertility Research Center
Pre Entry Level NABH Accredited Hospital

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